
Step 3:

Take a look at what makes you **trust** a leader. Have you done at least three of the things on that list in the past 6 months?

Step 4:

Take a look at what makes you **distrust** a leader. Have you done at least three of the things on that list in the past 6 months?

Chances are you've answered yes to both questions. Trust is delicate. It takes a great deal to win and is very quickly lost. Guard and nurture your trusting relationships carefully. And remember, we're all human! We're bound to make mistakes, but if trust is strong, undermining behaviors can be justified or ignored. If trust is tenuous, the slightest misstep will lead to distrust.